

81%

Of people feel...

- That their mood is influenced by how much sun they see
- Uplifted when they look out on a beautiful view

87.5%

Of people think...

Adding a garden view onto their home adds up to

£15,000

On to the value of their home

The average person has gone as long as

3½

MONTHS

Without being able to enjoy their garden

An average of

108

Days a year are spent sitting indoors wishing they could be in the garden

Over half of

45

year olds and over

Would consider buying a house because it has good views

Areas most proud of their gardens

1. West Midlands
2. East Midlands
3. Yorkshire & the Humber
4. North East
5. Wales
6. North West
7. London
8. South West
9. South East
10. East Anglia
11. Scotland
13. Northern Ireland

2013's heatwave meant the average Brit spent a staggering

154

HOURS

Working in their garden

Almost twice the amount of **MEN to WOMEN** feel that access to natural light is crucial to their mood.

