

# A Builder's Breakdown

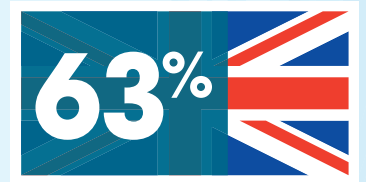
All the facts and figures behind the life of a builder

A study of 500 builders sought to profile the daily lives of Britain's Builders found the average builder's lot is a challenging one; driving more miles, working longer hours and juggling more projects and concerns than ever before!

**1 in 10**

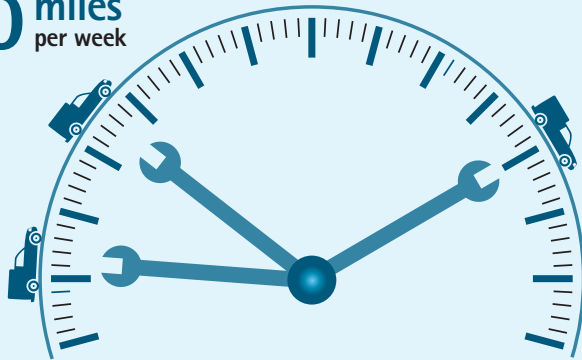
Drive more than  
**600 miles** per week

**13,624**  
miles per year



...of builders would prefer to buy British products

**262**  
miles per week



Most stressful aspects of their working lives

1. British weather

2. Unreliable staff

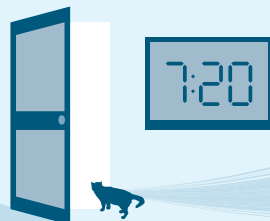
3. Unreasonable customers

4. Finances/Cash flow

5. Building regulations



Wakes up



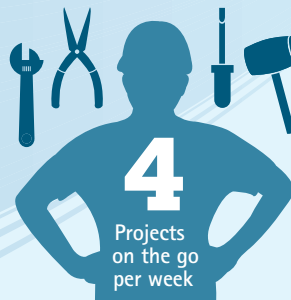
Leaves house



Clock off



Feet up

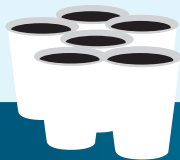


4  
Projects on the go per week

Radio station of choice



6 drinks per day



Drink of choice  
Tea one sugar

Lunch

Chicken and bacon sandwich  
Cheese and pickle sandwich



Biscuit of choice  
Chocolate digestive